



SPORTS OFFER

Excellent first-class facilities under one roof. AquaCity Poprad is the ideal destination for sports training and achieving top athletic performance. The resort offers outstanding facilities for all types of sports teams and training camps, particularly swimming, football, ice hockey, tennis, and many other disciplines.

Guests benefit from comfortable accommodation, a wide range of services, specially tailored sports nutrition, and excellent opportunities for recovery and leisure activities.

The nearby High Tatras provide ideal conditions for sports preparation. The mountain climate, combined with active movement, forms the basis of climatotherapy, which is most effective when the local climate differs from that of the athlete's permanent residence.

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SPORTS ACTIVITIES AT AQUACITY POPRAD

- 50 m stainless-steel swimming pool with 8 competition lanes
- 33 m outdoor swimming pool
- Fitness Centre
- Spinning Centre
- Cryotherapy Centre – cold therapy at -120 °C
- Sports area with beach volleyball and beach football courts

Sports Facilities Near AquaCity Poprad

- NTC POPRAD – National Football Training Centre
- ICE HOCKEY STADIUM with training rink
- TENNIS CENTRE
- CYCLING PATH
- POPRAD ARENA – multifunctional sports hall

ACCOMMODATION

HOTEL MOUNTAIN VIEW ****

Located directly within the AquaCity Poprad resort

STANDARD ROOM (Double rooms with the possibility of one extra bed or single occupancy)	37 _x
DELUXE APARTMENT	4 _x

Total rooms 41_x Fixed beds 82_x Extra beds 25_x

HOTEL SEASONS ****

Located directly within the AquaCity Poprad resort

STANDARD ROOM (Double rooms with the possibility of one extra bed or single occupancy)	34 _x
DUPLEX ROOM (two-storey family rooms for 2-4 guests)	6 _x
DELUXE APARTMENT	1 _x

Total rooms 41_x Fixed beds 84_x Extra beds 17_x Parking capacity 32_x+60_x

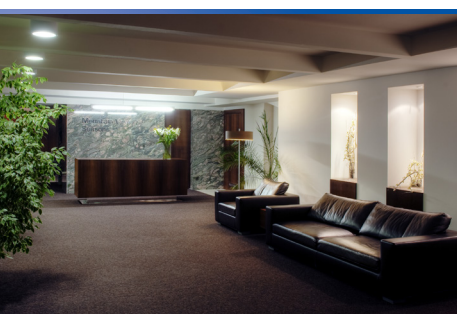
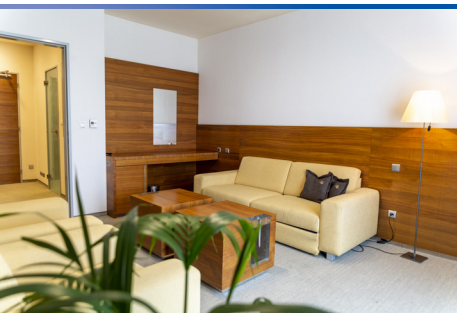
HOTEL RIVERSIDE***

Located next to AquaCity Poprad as part of the National Football Training Centre (NTC)

STANDARD ROOM (double or single rooms)	17 _x
SUPERIOR ROOM (spacious rooms for up to three adults or families with children)	2 _x

Total rooms 19_x Fixed beds 38_x Extra beds 3_x Parking capacity 39_x

Experience premium comfort tailored to your needs in elegant, modern rooms with balconies overlooking the High Tatras.



STANDARD ROOM ****

- 37 spacious double rooms with the option of one extra bed
- Contemporary interior with balconies and High Tatras views
- Room size: 30.2 m²
- LCD TV with satellite channels
- Radio
- Complimentary Wi-Fi
- Direct-dial telephone
- Bathroom with shower and bathtub
- Hairdryer
- Towels and bathrobes
- Hotel toiletries
- Tea and coffee making facilities
- Minibar
- In-room safe

DELUXE APARTMENT ****

Designed for guests seeking extra space, luxury and privacy.

- Luxury apartment for 2–4 guests
- Separate living room and bedroom
- Room size: 60.2 m²
- LCD satellite TV
- Radio
- Complimentary Wi-Fi
- Air conditioning
- Direct-dial telephone
- Two bathrooms
- Massage shower and bathtub
- Hairdryer
- Towels, bathrobes and slippers
- Premium toiletries
- Tea and coffee making facilities
- Minibar
- Personal safe

ACCOMMODATION INCLUDES

- **Buffet breakfast and dinner** (drinks not included)
- **Complimentary access to the Aquapark, including:**
 - All indoor and outdoor pools
 - Outdoor thermal pools
 - Year-round water slides
 - Blue Sapphire relaxation pools with laser show
 - Blue Diamond thermal pools with swim-up bars
 - Treasure Island children's zone
 - 50 m Olympic swimming pool
 - Steam sauna
 - Mayan Pyramid
 - Outdoor children's pool (summer season)
- **Complimentary access to Fire & Water Wellness & Spa, including:**
 - Eight saunas and inhalation rooms
 - Relaxation pool
 - Whirlpools
 - Massage jets
 - Love Bay relaxation area
 - Relaxation rooms
- Free Wi-Fi
- Complimentary tea and coffee in the room
- Secure parking

Enjoy exceptional comfort and premium services in stylish rooms and spacious apartments.

STANDARD ROOM

- 34 double rooms with the option of one extra bed
- Two accessible rooms available
- Room size: 23.6 m²
- LCD satellite TV
- Radio
- Complimentary Wi-Fi
- Direct-dial telephone
- Bathroom with shower and bathtub
- Hairdryer
- Towels and bathrobes
- Hotel toiletries
- Tea and coffee making facilities
- Minibar
- Personal safe

DUPLEX FAMILY ROOM

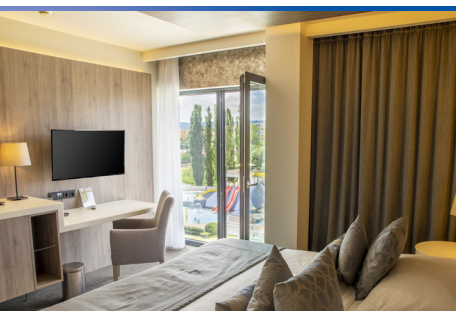
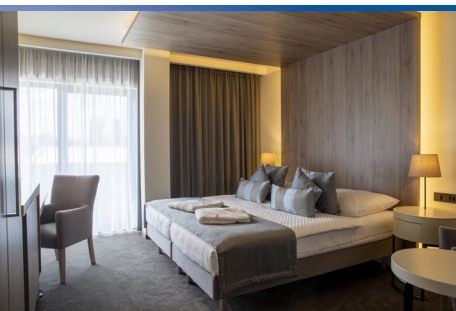
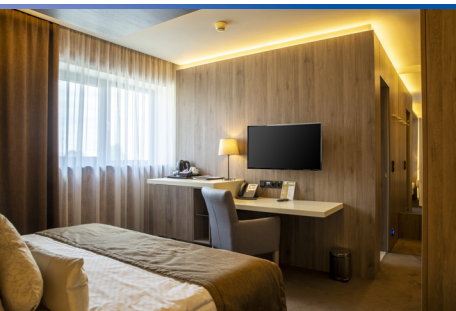
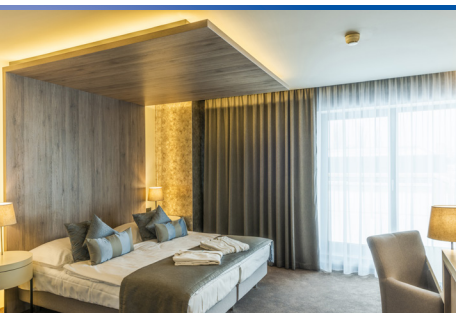
Ideal for families with children.

- Six duplex family rooms for 2-4 guests
- Separate living and sleeping areas
- Room size: 35.2 m²
- LCD satellite TV
- Radio
- Complimentary Wi-Fi
- Direct-dial telephone
- Bathroom with shower and bathtub
- Hairdryer
- Towels and bathrobes
- Hotel toiletries
- Tea and coffee making facilities
- Minibar
- Personal safe

DELUXE APARTMENT

A spacious apartment overlooking the High Tatras, designed for the most demanding guests.

- Luxury apartment for 2-4 guests
 - Separate living room
 - Two bedrooms
 - Kitchenette with bar
 - Two bathrooms
 - Room size: 67.7 m²
 - LCD satellite TV
 - Complimentary Wi-Fi
 - Direct-dial telephone
 - Massage shower and whirlpool bath
 - Hairdryer
 - Towels, bathrobes and slippers
 - Premium toiletries
 - Tea and coffee making facilities
 - Minibar
 - Personal safe
- **Accommodation includes the same benefits as Hotel Mountain View**, including buffet half board, unlimited Aquapark access, Fire & Water Wellness & Spa access, complimentary Wi-Fi, tea and coffee in the room, and secure parking.



Hotel Riverside is a modern three-star hotel forming part of the National Football Training Centre (NTC). Located only a short walk from AquaCity Poprad, it offers convenient access to the resort's attractions and wellness facilities.

STANDARD ROOM

- 17 double rooms
- LCD satellite TV
- Radio
- Complimentary Wi-Fi
- Direct-dial telephone
- Bathroom with shower
- Hairdryer
- Towels and hotel toiletries
- Tea and coffee making facilities
- Minibar
- Personal safe

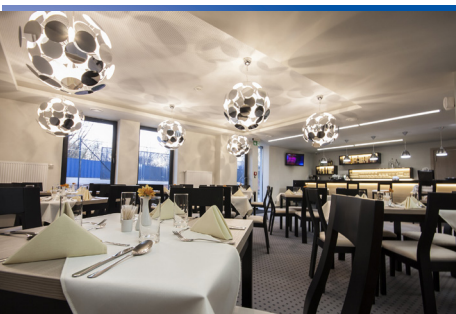
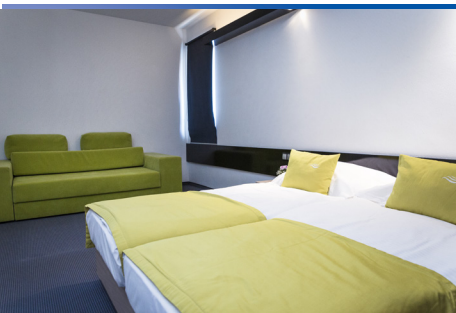
SUPERIOR DOUBLE ROOM

Spacious accommodation providing additional comfort for up to three adults or families with children.

- One Superior room with seating area and interconnecting room option, suitable for 2-5 guests
- One Superior room with seating area and steam cabin in the bathroom, suitable for 2-3 guests
- LCD satellite TV
- Complimentary Wi-Fi
- Direct-dial telephone
- Bathroom with shower
- Hairdryer
- Towels and hotel toiletries
- Tea and coffee making facilities
- Minibar
- Personal safe

ACCOMMODATION INCLUDES

- Buffet breakfast and dinner (drinks not included)
- Complimentary Aquapark access
- Free Wi-Fi
- Tea and coffee in the room
- Secure parking



HOTEL FACILITIES & ADDITIONAL SERVICES

HOTEL SEASONS ****
HOTEL MOUNTAIN VIEW ****
HOTEL RIVERSIDE ***

AQUACITY POPRAD AQUAPARK -
Experience a unique water world beneath the High Tatras.

- 14 indoor and outdoor thermal and relaxation pools
- More than 350 water attractions, including massage jets, whirlpools, bubble beds and water mushrooms
- Three outdoor thermal pools (28–38°C) with whirlpools and water attractions
- Blue Sapphire indoor relaxation pools featuring chromotherapy and an evening 3D Laser Show
- Blue Diamond luxury thermal pools with swim-up bars
- Treasure Island children's area featuring:
- Saltwater pool
- Pirate ship
- Water slides
- Children's attractions
- Adult whirlpool
- Iguana terrarium
- 50-metre Olympic swimming pool
- Steam sauna

FIRE & WATER WELLNESS & SPA

- The largest two-storey wellness centre in Slovakia, covering 1,600 m²

Facilities include:

- Relaxation pool
- Whirlpools
- Eight saunas and inhalation rooms:
- Ceremony sauna
- Salt sauna
- Steam sauna
- Herbal sauna
- Menthol sauna
- Finnish sauna
- Infrared sauna
- Ice cave
- Relaxation rooms
- Private and social wellness zones
- 14-metre wellness bar serving premium cocktails
- Daily sauna rituals and sauna shows

WELLNESS & SPA TREATMENTS

- Relaxation and Massage Centre offering more than 20 massage and spa treatments
- Authentic Thai Massage Centre with professional therapists from Thailand
- Fish Therapy using Garra Rufa fish (natural bio-pedicure)

Health & Sports Facilities

- Whole-body and local cryotherapy at –120°C
- Fitness Centre
- Spinning Studio
- Outdoor sports complex with:
- Two beach volleyball courts
- Beach football pitch

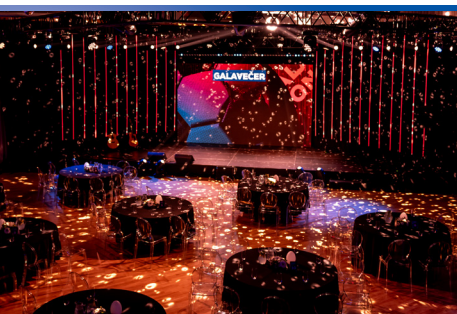
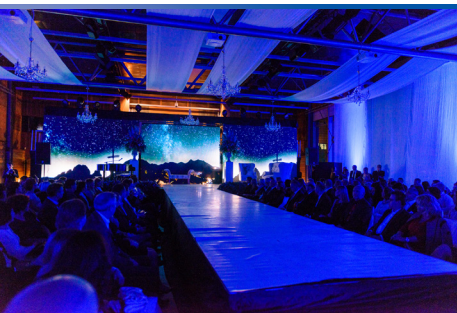
ENTERTAINMENT & LEISURE

- Indoor children's playrooms
- Outdoor playgrounds
- Supervised children's club (ages 3–12)
- Weekend entertainment programme for children and adults
- Evening laser shows
- Billiards
- Air hockey
- Summer inflatable attractions
- Aquazorbing

RESTAURANTS & BARS

- High Tatras Restaurant – à la carte dining and daily menu
- Riverside Restaurant
- Lighthouse Restaurant – self-service restaurant located in the Aquapark
- Café & Wine Bar with an exclusive wine collection
- Lobby Bar with a summer terrace
- Blue Diamond Bar
- Blue Sapphire Bar
- Wellness Bar

CONFERENCE & EVENT FACILITIES IN AQUACITY POPRAD



GRAND CONGRESS HALL 324 m²

The multifunctional Grand Congress Hall accommodates up to **350 guests** and is suitable for:

- Conferences
- Seminars
- Corporate meetings
- Product presentations
- Gala dinners
- Concerts
- Fashion shows
- Private events

NEW - LED WALL

Enhance your event with a state-of-the-art LED display. Ideal for conferences, presentations, exhibitions and large-scale events

- Specifications:
- Resolution: **4,800 × 1,200 px**
- Screen size: **12 × 3 metres**
- Contrast ratio: **5,000:1**
- Brightness: **800 nits**
- Refresh rate: **3,840 Hz**
- 155° viewing angle

MEETING ROOM I. 52 m²

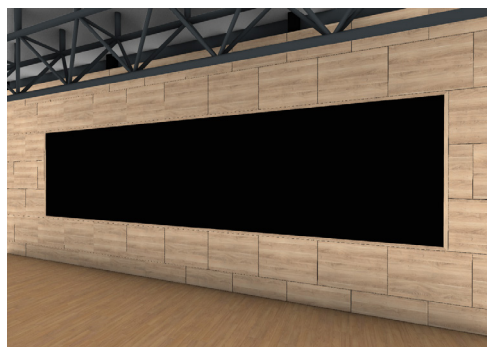
Capacity: up to **30 guests**

Perfect for:

- Business meetings
- Training sessions
- Workshops
- Private celebrations

Equipment includes:

- Television
- Audio system
- Wi-Fi
- Digital projector
- Projection screen
- Flipchart
- Laser pointer
- Air conditioning



MEETING ROOM II. 109,3 m²

Capacity: up to **60 guests**

Can be expanded by connecting with an adjoining meeting room.

Facilities include:

- Modern conference equipment
- Professional audio system
- Microphones
- Two projection screens
- Two digital projectors
- Flipchart
- Laser pointer
- High-speed Wi-Fi
- Air conditioning

LOBBY BAR

An elegant venue for business meetings, networking events and corporate receptions.

Located next to the conference centre and hotel reception, with direct access to a summer terrace overlooking the High Tatras.

OBSERVATION TOWER 18 m²

Capacity: **10 guests**

An exclusive venue for private meetings offering panoramic views of the High Tatras.

HIGH TATRAS RESTAURANT 127,5 m²

Restaurant with a VIP lounge accommodating up to **150 guests**, suitable for:

- Corporate events
- Banquets
- Celebrations
- Private functions

CAFÉ & WINE BAR 112 m²

A stylish venue featuring an extensive wine collection.

Ideal for:

- Corporate events
- Wine tastings
- Cognac and rum tastings
- Networking receptions

Equipment includes a projector, projection screen and television.

HOLLYWOOD SUITE & COCKTAIL BAR 146 m²

A stylish nightclub inspired by legendary Hollywood icons.

Perfect for:

- Private parties
- Celebrations
- Cocktail receptions
- Corporate entertainment

Facilities include:

- Billiards
- Air hockey

CONFERENCE FACILITIES AT NTC POPRAD

The National Football Training Centre (NTC) also offers modern conference and event facilities, including conference rooms, a VIP lounge, Riverside Restaurant and Hotel Riverside.

The venue is ideal for:

- Conferences
- Training courses
- Press conferences
- Corporate events
- Formal and informal meetings

PRESS ROOM 96 m²

- Professional audio system
- Microphones
- Two projection screens
- 55" LED TV
- Digital projector
- Two flipcharts
- Laser pointer
- Wi-Fi
- Air conditioning

VIP LOUNGE 78 m²

Includes the same professional equipment as the Press Room, providing an elegant setting for executive meetings and private events.

RIVERSIDE RESTAURANT 72 m²

A modern venue suitable for private dining, business lunches and smaller corporate events.

NATIONAL FOOTBALL TRAINING CENTRE (NTC)

NTC Poprad provides comprehensive training facilities for Slovak and international football teams of all age categories.

The complex features:

- A heated natural grass stadium with seating for 5,700 spectators
- Additional natural and artificial training pitches
- Modern changing rooms meeting UEFA and FIFA standards
- Short-term rental of the main stadium and training grounds
- Organisation of training camps and international friendly matches
- Full access to AquaCity Poprad's accommodation, wellness and recovery facilities for complete athlete preparation

POPRAD SWIMMING CENTRE

50-METRE STAINLESS STEEL COMPETITION POOL

The Poprad Swimming Centre features an eight-lane, 50-metre competition pool designed to meet the highest standards for professional swimming.

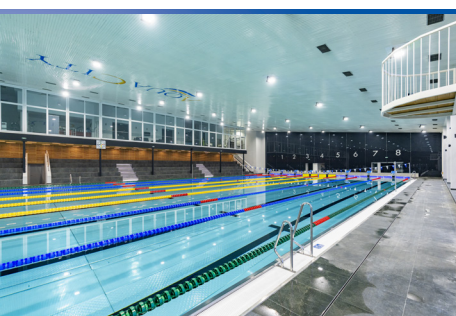
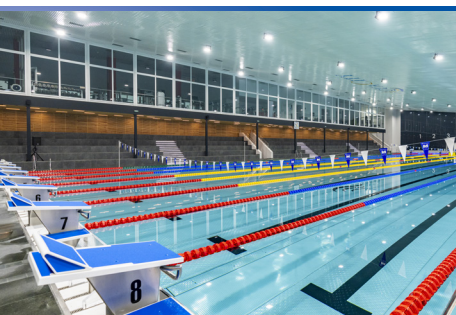
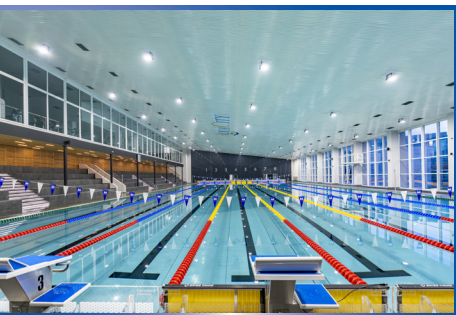
*Built in accordance with the regulations of the **International Swimming Federation (FINA)**, the facility provides ideal conditions for:*

- Professional training camps
- Swimming competitions
- National and international events
- Recreational swimming

THE POOL IS EQUIPPED WITH:

- 16 FINA-approved starting blocks
- OMEGA electronic timing system (available for two lanes)
- Control room for competitions and training sessions
- Large LED screen (4.8 × 2.8 m)

The stainless-steel pool offers excellent comfort for both athletes and visitors.



POOL SPECIFICATIONS

- Water temperature: 28°C
- Constant depth from 1.35 to 1.80 metres
- Fully accessible for guests with reduced mobility

After training, athletes can relax in the adjacent steam sauna, promoting recovery, improved circulation and overall well-being.

The spectator stand provides comfortable seating with underfloor heating, ensuring excellent viewing conditions throughout the year.

POOL EQUIPMENT

- Underwater lane markings and turn-wall markings
- Professional FINA-standard starting blocks with backstroke ledges
- FINA-approved competition lane ropes (150 mm diameter)
- Transparent plexiglass touchpads
- Backstroke turn indicators
- Underwater LED lighting
- Pool divider system



OUTDOOR SPORTS AREA

- TEAM BUILDING BENEATH THE HIGH TATRAS

Combine work with unforgettable experiences.

Our outdoor sports complex is the perfect venue for:

- Team-building events
- Corporate tournaments
- Informal company gatherings
- Outdoor parties

Facilities include:

- Beach volleyball courts
- Beach football pitch
- Imported sea sand
- Beach bar
- Sun loungers and umbrellas
- Inflatable attractions for children and adults

The sports area is also an excellent complement to conferences and evening networking events.

The National Football Training Centre (NTC) serves Slovakia's national football teams across all age categories.

Located in the beautiful foothills of the High Tatras, it provides outstanding conditions for:

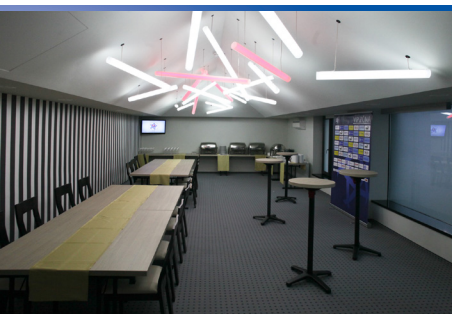
- *Training camps*
- *International friendly matches*
- *Qualification matches*
- *Professional team preparation*

International teams also benefit from complete service packages including:

- *Accommodation*
- *Catering*
- *Recovery and wellness*
- *Training organisation*
- *Friendly match arrangements*

The stadium also features modern conference facilities and VIP areas suitable for:

- *Conferences*
- *Corporate meetings*
- *Business events*
- *Private receptions*



FACILITIES

- Stadium capacity: 5,700 spectators
- Heated natural grass pitch
- Floodlighting exceeding UEFA requirements (up to 1,400 lux)
- UEFA-standard training pitches
- Additional natural grass fields in Tatranská Lomnica
- Artificial turf training ground in Poprad-Stráže

REFERENCES

Since **2010**, the **Manchester United Youth Team** has regularly chosen Poprad for its annual training camp, playing international friendly matches and conducting training sessions with local youth teams.

The centre has also hosted the **PFA Legends Masters**, featuring former Premier League stars against Czech and Slovak football legends.

Participants have included renowned players such as:

- Jari Litmanen
- Teddy Sheringham
- Andrew Cole
- Vladimír Šmicer and many other international football legends.

ICE HOCKEY STADIUM

The Poprad Ice Hockey Stadium underwent a comprehensive reconstruction between 2006 and 2008, followed by additional modernisation projects.

UPGRADES INCLUDED

- New refrigeration technology
- Renovated roof
- Modern seating replacing wooden benches
- Refurbished entrance areas
- New VIP facilities
- Renovated locker rooms
- Modern lighting system
- Large video scoreboard

*The arena also complies with **KHL** technical requirements.*

STADIUM SPECIFICATIONS

- Capacity: 4,233 spectators
- 3,933 seated
- 300 standing
- Ice surface: 60 × 29 metres

PARKING

Free parking is available near the stadium, with additional parking at AquaCity Poprad and NTC Poprad. Accessible parking spaces are also provided.

ICE HOCKEY TRAINING ARENA

One of the most modern training ice rinks in Slovakia.

Features include:

- Seating for **200 spectators**
- Full-size ice rink (60 × 26 m)
- Shared technical facilities with the main arena
- Locker rooms
- Refreshment area
- Officials' facilities
- Modern multimedia scoreboard
- Dedicated Zamboni station
- Year-round operation
- Parking for 25 vehicles

POPRAD ARENA MULTI-PURPOSE SPORTS HALL

Poprad Arena is one of Europe's most modern multi-purpose sports venues.

The venue hosts:

- Sports training camps
- National and international competitions
- Concerts
- Cultural performances
- Exhibitions
- Conferences
- Corporate meetings
- Social events

Capacity

- Fixed seating: **1,968**
- Two retractable stands with **196 seats each**
- Up to **500 additional floor seats** for concerts and events

Additional facilities include:

- Media and broadcasting areas
- Commentary booths
- Professional sound system

Playing Area

- **50 × 30 metres**



CONGRESS & EVENTS DEPARTMENT

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AQUACITY POPRAD

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